

July

2019

OPEN GYM SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6a-8a: Open 8a-5p: Closed 5p-9p: Open	2 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	3 6a-8a: Open 8a-5p: Closed 5p-9p: Open	4 	5 6a-8a: Open 8a-5p: Closed 5p-6p: Open	6 Closed All Day
7 12p-6p: Open	8 6a-8a: Open 8a-5p: Closed 5p-9p: Open	9 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	10 6a-8a: Open 8a-5p: Closed 5p-9p: Open	11 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	12 6a-8a: Open 8a-5p: Closed 5p-7p: Open	13 7a-6p: Open
14 12p-6p: Open	15 6a-8a: Open 8a-5p: Closed 5p-9p: Open	16 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	17 6a-8a: Open 8a-5p: Closed 5p-9p: Open	18 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	19 6a-8a: Open 8a-5p: Closed 5p-7p: Open	20 7a-6p: Open
21 12p-6p: Open	22 6a-8a: Open 8a-5p: Closed 5p-9p: Open	23 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	24 6a-8a: Open 8a-5p: Closed 5p-9p: Open	25 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	26 6a-8a: Open 8a-5p: Closed 5p-7p: Open	27 7a-6p: Open
28 12p-6p: Open	29 6a-8a: Open 8a-5p: Closed 5p-9p: Open	30 6a-8a: Open 8a-5p: Closed 5p-6p: Open 6p-9p: Closed	31 6a-8a: Open 8a-5p: Closed 5p-9p: Open			Schedule is subject to change. Please call ahead for availability. Or Check our Facebook and Instagram Pages.